

# Swimming Lessons



Group Classes run termly and are 30mins unless otherwise stated. Private lesson prices (121, 221) vary according to number in lesson and the number of lessons booked. We also offer intensive holiday courses for children 4-14yrs and bespoke Adult lessons on an individual basis

<b>Yateley School Pool</b>	<b>FRIDAY</b>	<b>Class Time</b>
<b><u>BEGINNER CLASSES</u></b>		
Beginner 1	4.5yrs + Non swimmer/5m paddle	5:30pm & 6:00pm
Beginner 2	5m swimming front and back	5:30pm & 6:00pm
Beginner 3	Swimming 10m front and back	5:30pm
<b><u>IMPROVER CLASSES</u></b>		
Improver 1/2	Swimming 25m front & back	6:30pm
Improver 2/3	50m+ 15m Swimming all strokes & skills	6:00pm
<b><u>ADVANCED CLASSES</u></b>		
Advanced	Good Technique, Stamina & Skills	6:00-7:00pm
<b><u>ADULT CLASSES</u></b>		
Improver	Swimming 10m +	6:30pm

<b>Yateley School Pool</b>	<b>SATURDAY</b>	<b>Class Time</b>
<b><u>BEGINNER CLASSES</u></b>		
Beginner 1	4.5yrs + Non swimmer/5m paddle	6:30pm
Beginner 2	5m swimming front and back	7:00pm
Beginner 3	Swimming 10m front and back	7:00pm
<b><u>IMPROVER CLASSES</u></b>		
Improver 1	Swimming 25m front & back	6:30pm
Improver 2	50m+ plus 15m Swimming all strokes	7:00pm
Improver 3	Plus complete Water Skills	7:00pm
<b><u>ADVANCED CLASSES</u></b>		
Advanced	Good Technique, Stamina & Skills	6:30pm -7:30pm

<b>Yateley School Pool</b>	<b>SUNDAY</b>	<b>Class Time</b>
<b><u>PARENT &amp; TODDLER</u></b>		
Parent & Toddler	5mts-4.5yrs, parent in the water	9:00am
<b><u>DUCKLING CLASSES</u></b>		
Duckling 1	3.5yrs +Confident without a parent	9:30am
Duckling 2	3.5yrs +Confident without a parent	10:00am
<b><u>BEGINNER CLASSES</u></b>		
Beginner 1	4.5yrs + Non swimmer/5m paddle	10:00am
Beginner 2	5m swimming	9:30am
Beginner 3	Swimming 10m front and back	9:30am
<b><u>IMPROVER CLASSES</u></b>		
Improver 1	Swimming 25m front & back	10:00am
Improver 1/2	50m+ plus 15m Swimming all strokes	9:00am

<b>Yateley's &amp; EHS School Pool</b>	<b>SUNDAY</b>	<b>Class Time</b>
<b><u>PRIVATE CLASSES</u></b>		
	121, 221 and small groups	please enquire

01344 98 53 53 [swim@aqua-plus.co.uk](mailto:swim@aqua-plus.co.uk) 07802 45 95 35